



ST MUNCHIN'S CATHOLIC SCHOOL

PARENT HANDBOOK

St Munchin's Catholic School Sun Smart Policy

Originally Released: 2005
Endorsed by the School Board 2007
Reviewed August 2013

Our Sun Smart policy has been adopted to endeavour that all staff and children attending St Munchin's School are protected from skin damage caused by the harmful UV radiation from the sun. It is to be implemented throughout the year, but with particular emphasis during the months September through to May. The sun protection practices outlined in this policy will be applied to all school activities, including sports carnivals, excursions and camps. The policy has been developed in consultation with the whole school community.

Behaviour

- St Munchin's requires students to wear broad-brimmed/bucket hats whenever they are outside.
 - Staff are requested and encouraged to wear broad-brimmed hats when outside.
 - Children without a broad-brimmed/bucket hat are directed to sit in the designated area on the veranda closest to the year two room near the feature garden under shade.
- “No Hat No Play”**
- We encourage positive role modelling of sun protective behaviours by all school staff, parents and guests visiting the school.
 - We encourage the daily application of sunscreen before school, and prior to the lunch break or any outdoor activity through messages in the newsletter and at school assemblies.
 - Children are encouraged to use available shade for outdoor activities and play.
 - Students will be encouraged to wear clothing that is sun protective, e.g. Shirts with collars and long sleeves, rash vests for swimming, sunglasses etc.
 - Swimming lessons and training take place in an indoor venue.

Curriculum

- Sun protection and skin cancer prevention programs are integrated into the school curriculum in a minimum of three year levels.

Overarching Learning Outcome 8, 11 Learning Area Outcomes: 1,2,4



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Pre Primary	Year 1	Year 2	Year 3	Year 4
Beach clothes- slip, slop, slap!	The Ocean. Being sun safe at the beach and pool (what to take, wear and do)	Sun Safety Health Unit Slip, slop, slap!	Sunsmart Slip, slop, slap! Safe/unsafe behaviours	Sun Safety
Reading- "There's a Hippo Getting Sunburnt"	Learn and discuss "Slip, Slop, Slap" song.	Beach safety		Water activities Pool Safety
Hat Parade		Sunburn effects		
Beach Rules/ Swimming Pool rules 'Too Much Sun is Dangerous'	Then we created a brochure to inform others about the message.			
<p>Physical Education: All students participate in Physical Education lessons. The Sports Teacher reinforces safe behaviours. Students in all years are taught about the importance of hydrating during physical activity. Sunscreen is provided by the school. Lessons take place in the Undercover Area during warm weather 11:00am – 2:00pm.</p>				

Sun protection behaviours are promoted throughout the year via the school newsletter, assemblies, posters, daily messages, parent and staff meetings, and whole school activities. Staff and parents will be provided with educational material on sun protection.

Environment

There are six, large shaded areas within the school grounds for students and staff.

Each adventure playground is covered with shade. In addition, there are trees on one side of the oval that shade sand pits.

- Assemblies take place in the undercover area. Sport and physical education lessons are held in the undercover area during very hot weather with a possible 15 minute session in the open.
- Swimming carnivals are scheduled in the morning and conclude at approximately 1:30 pm.
- Shade structures are used on athletic days. Students must remain in the shade unless they are in an event. Sunscreen is available from the bays and faction captains dispense it regularly.

Evaluation

The St Munchin's Staff will review the effectiveness of this policy each year.

1. Reviewing the Sun Smart behaviour of students, staff, parents, and visitors and make recommendations for improvement.
2. Assess shade provision and usage and make recommendations for increases in shade provision.
3. Update and promote curriculum material relevant to Sun Smart activities.